Breakfast Menu

Dobbs Ferry Middle/High School



WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Ham & Cheese Bagel 2 Melt (P) Fresh Fruit Cup 100% Apple Juice

Thursday

Friday

Homemade French Toast 🚱 🤔 Crispy Turkey Sausage Links Fresh Fruit Cup 100% Orange **Tangerine**

Apple Strudel 🕜 Fresh Banana 100% Apple Juice

Homemade Waffles

> Scrambled Eggs with Cheese 🚱 Sliced Oranges 100% Orange Tangerine

Scrambled Eggs 🚱 Whole Grain Biscuit Roasted Potatoes Apple Slices 100% Juice Fruit Punch,

ChooseMyPlate.gov

₽ Crispy Potato Puffs Fresh Strawberries 100% Apple Juice

Homemade Waffles

Sausage, Egg & Cheese Burrito* 🤔 Fresh Fruit Cup 100% Juice Fruit Punch

TURKEY SAUSAGE

Whole Grain 12 Pancakes with Sausage Sliced Oranges 100% Apple Juice

Chicken Sausage



13 Homemade Waffles

6 Turkey Bacon Roasted Potatoes Fresh Strawberries Fresh Fruit Cup 100% Apple Juice

Homemade French Toast 🕜 🤔 Crispy Potato Puffs Fresh Banana 100% Juice Fruit Punch

15 Homemade Waffles

Scrambled Eggs with Cheese 🕜 Sliced Oranges Fresh Fruit Cup 100% Apple Juice

Mini Cinnamon Pull Apart Roll 🚱 Fresh NY Local Apple 100% Juice Fruit Punch



WG Donut 🚱 19 Crispy Potato Puffs Sliced Oranges 100% Apple Juice

20 Homemade Waffles Scrambled Eggs with Cheese 🕜 Sliced Oranges 100% Orange Tangerine

Sausage, Egg & Cheese Burrito* Fresh Fruit Cup 100% Juice Fruit Punch

22 Homemade Waffles

Crispy Turkey Sausage Links Crispy Potato Puffs Fresh Strawberries 100% Apple Juice

WW Honey Bun 🕜 Fresh NY Local Apple 100% Juice Fruit Punch



Bacon, Egg and Cheese Wrap Fresh Banana 100% Juice Fruit Punch

27 Homemade Waffles **P**

Turkey Bacon Roasted Potatoes Fresh Fruit Cup 100% Apple Juice

Bagel Melt @ 28 Pineapple 100% Apple Juice 29 Homemade Waffles



30 Soft Filled Cinnamon Toast Crunch Bar 🚱 Berry Cup 100% Orange Tangerine 100% Juice Fruit Punch



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View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

DAILY BREAKFAST OPTIONS

TUESDAYS AND THURSDAYS HOME MADE WAFFLES

ASSORTED WHOLE GRAIN MUFFINS

FRESH NY BAKED BAGELS

WG REDUCED SUGAR CEREALS

Made With Natural Ingredients

ANY QUESTIONS OR CONCERNS CONTACT THE FSD MASSIAHJ@DFSD.ORG

MADE TO ORDER BREAKFAST SANDWICHES

FRUIT SMOOTHIES

YOGURT PARFAITS W/ GRANOLA

ALL BREAKFAST MEALS ARE SERVED WITH A FRESH FRUIT & FRUIT



JUICE Smart Choice

the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Menu

Dobbs Ferry Middle/High School

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Tuesday



Wednesday

Thursday

Beef and Cheese

Sweet & Sour 2 Chicken Sauce & Toss Yellow Rice

Friday

Quesadilla 🤔 Confetti Black Bean Salad Fiesta Corn Fresh Grapes Fresh Fruit Cup

HARVES

Steamed Broccoli Mixed Vegetables Fresh Peaches Fresh Fruit Cup

Mozzarella Sticks 🚱 Sweet Potato Fries Caesar Salad Fresh Orange Fresh Fruit Cup

Yard Bird Classic Chicken Sandwich Oven Baked Fries Side Garden Salad Fresh NY Local Apple Fresh Fruit Cup

Homemade Pasta & Meatballs 🤭 Sauteed Spinach Mixed Vegetable Blend **Apple Slices** Fresh Fruit Cup

The Works Hot Dog

Baked Beans Oven Baked Fries **Plums** Fresh Fruit Cup

Yellow Rice BBQ Chicken Glazed Carrots Roasted Butternut Squash Fresh Peaches Fresh Fruit Cup

GROUND BEEF

HARVEST

Homemade Mac & Cheese 🕜 🤔 Steamed Broccoli Green Beans Fresh Green Grapes Fresh Fruit Cup ار در ال

Classic Tex Mex Burrito 🤔 Corn & Black Bean Salad Sofrito Pinto Beans Pineapple Fresh Fruit Cup

GROUND BEEF

Crispy Chicken Drumstick **Buttermilk Biscuits** Sweet Potato Fries Chickpea Salad Fresh Fruit Cup

Cantaloupe

15 Vegetable Fried Rice Seared Dumplings Mixed Vegetables Steamed Carrots Sliced Oranges Fresh Fruit Cup

Grilled Chicken Sandwich Halal 🤔 Oven Baked Fries Fresh Cucumber Salad **Cherry Tomatoes** Pineapple Cup Fresh Fruit Cup

Cinnamon French 19 Toast 🚱 Crispy Turkey Sausage Links Roasted Potatoes Watermelon Slices Fresh Fruit Cup

20 Crispy Tacos Seasoned Rice Fiesta Corn Pineapple Confetti Black Bean Salad Fresh Fruit Cup

Herb Roasted 21 Chicken Mashed Potatoes Mixed Vegetable Blend Whole Wheat Dinner Roll Fresh Pear Fresh Fruit Cup

Two Cheese Grilled Cheese Meltdown Café 🚱 Oven Baked Fries Carrot Sticks Fresh Grapes Fresh Fruit Cup

23 Homemade Pasta & Meatballs 🤔 Sauteed Zucchini Sauteed Spinach Pineapple Fresh Fruit Cup

BRUNCH LUNCH



27 Chicken Fajita Wrap

GROUND BEEF

Sauteed Onions & **Peppers** Spinach Salad Plums Fresh Fruit Cup

Homemade Mac & Cheese 🚱 🤌 Green Beans Cherry Tomatoes Sliced Oranges Fresh Fruit Cup

Nachos Grande 🤔 Seasoned Pinto Beans Sweet Corn Fresh Fruit Cup HONEY DEW

Ground Beef, Nacho cheese over Nacho Chips 30 Chicken and Waffles Roasted Potatoes Strawberries Fresh Fruit Cup

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Available Daily

Deli: Made to order Sandwiches Paninis, & Quesadilla.

Grill: Chicken Patties, Spicy Chicken Patties & Burgers.

CARROT STICKS, CELERY STICKS & GARDEN SALAD



Any questions or concerns contact the FSD: massiahj@dfsd.org

Pizza: Cheese, Pepperoni & Daily Special

Make to order Salads, Smoothie and Fruit Parfaits

PAID LUNCH: STUDENTS:FREE OR REDUCED, \$2.75 **ADULTS: 5.44**

ALL MEALS ARE SERVED WITH A FRUIT, VEGETABLE, 1% MILK OR FF CHOCOLATE MILK & 100% FRUIT JUICE

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